



NORRIS
SCHOOL DISTRICT

PHYSICAL EDUCATION ACTIVITY/ RECESS RESTRICTION FORM

Student's Name: _____ **DOB:** _____ **Today's Date:** _____

Duration of Restriction: From _____ **To** _____

PART 1- TO RESTRICT PARTICIPATION PLEASE PLACE A CHECK MARK NEXT TO THE RESTRICTED ACTIVITY:

CONTACT/COLLISION	LIMITED CONTACT/IMPACT	STRENUOUS/NON-CONTACT	
☐ RESTRICT ALL	☐ RESTRICT ALL	☐ RESTRICT ALL	
☐ Floor Hockey	☐ Basketball	☐ Track	☐ Running
☐ Flag Football/Ultimate frisbee	☐ Kickball	☐ Jumping	☐ Walking
☐ Group Games	☐ Volleyball	☐ Pickle ball	☐ Discus
☐ Soccer	☐ Tetherball	☐ Hurdles	☐ Steps
☐ Tag	☐ Softball	☐ Tennis	☐ Swings
		☐ Monkey bars	☐ Climbing
		☐ Play Structure	☐ Tricycle

PART 2- DIAGNOSIS OR REASON FOR RESTRICTION:

PART 3-ADDITIONAL COMMENTS/AND OR RESTRICTIONS:

PART 4- PHYSICIAN INFORMATION

PHYSICIAN'S SIGNATURE: _____ DATE: _____

PHYSICIAN'S PRINTED NAME: _____

PHYSICIAN'S ADDRESS: _____ PHYSICIAN'S TELEPHONE: _____

PHYSICIAN'S STAMP:

PLEASE FAX OR CALL TO THE STUDENT'S DESIGNATED SCHOOL SITE:

Olive Drive Elementary
Phone: 661-387-7040
Fax: 661-399-3149

Veteran's Elementary
Phone: 661-387-7050
Fax: 661-589-5758

William Bimat Elementary
Phone: 661-387-7080
Fax: 661-589-7849

Norris Elementary
Phone: 661-387-7020
Fax: 661-587-9043

Norris Middle
Phone: 661-387-7060
Fax: 661-399-9750